

## Wacky Olympics

***The purpose of the Wacky O's is to be the best at being silly, wacky and any other form of funny that you can be!***

### Supplies

- Pool Noodles
- Hula Hoops
- Beach Balls
- Tennis Rackets (or anything large)
- Potato (or Apple)
- Pitcher/Large Container

### Instructions

**Pool Noodle Javelin:** To play this game, bust out your hula hoops and pool noodles and get ready to duke it out! Create a playing field – from a starting line to the ‘goalposts’ or hula hoops (it can be 10-20 feet, really whatever you’re comfortable with).

The hula hoop can be:

- Hung from a tree branch or anything else available
- Held up by someone
- Propped to stand up – whatever works best for your family setup!

Mark the starting line with whatever you like and toss from there! Make sure all family members are behind the starting line before you begin.

To win [Wacky Rules]: Many ways – who gets it farthest away from the hoops; best trick shot (through the legs, upside down, over the shoulder, etc.); whoever misses the most; etc.

To win [Typical Rules]: Whoever makes it through the hula hoops the most times!

**Beach Ball Tennis:** To play this game, you can use a few different items for your equipment! For the ‘ball’ either a beach ball or balloon will work, it just depends on what you prefer. As for rackets, to make it wackier it’s a lot of fun to use anything that isn’t the traditional tennis racket! A paper plate on a stick, big piece of cardboard, a flip flop, an umbrella, the options are endless! To play, divide the group into teams and divide the playing field with a line or some sort of marker. Then it’s a race to see who can keep the ball in the air the longest! To make it wackier: find a partner and tie your legs together “three-legged race style,” have everyone hit the “ball” with your non-dominant hand, everyone must face backwards on the court, the options are really endless!

**Pass the Potato** – This is your typical relay game. To play, set up the playing arena with a starting line and an end, which is where your pitcher will be placed. You can either divide into teams or do it as one big group, both are a lot of fun! Everyone will line up behind the starting line and the first group member will place the potato between their knees and attempt to walk it down to the bucket and place it in there without dropping it along the way. The

contestant will then grab the potato and run or walk it back to the next person in line who will have to do the same walk with the potatoes between their knees. If the potato is dropped, you can either play that the contestant picks it up and keeps on going, or that the contestant has the opportunity to go back to the beginning and try again! Depending on how you play – with one team it's a race to see how fast you can all go! With two teams or more, it's whoever finishes the potato pass first!

### ***Alternatives:***

**Pool Noodle Javelin:** You can use something lighter to throw and can change the distance to be longer or shorter depending on what you'd prefer. This activity can also be done from sitting in a chair or on the ground. The pool noodles can be placed on the ground instead of stood/hung up as well.

**Beach Ball Tennis:** There are a lot of ways you can adapt this game in small ways – a smaller/bigger ball that is lighter/heavier depending on your preferences (examples: Balloon, Beach Ball, Tennis Ball, Dodgeball, etc.) and the same can be done with the tennis rackets, by using real rackets or whatever you can engineer around the house: paper plate on a stick, umbrellas, etc.

**Pass the Potato:** You can make this into a relay instead (passing the potato down a line by hand) or done by walking instead of running. You can also hold the potato in different ways instead of just between your knees – wrists, elbows, armpits. Whatever you can think of silly or otherwise!